



## Route Information

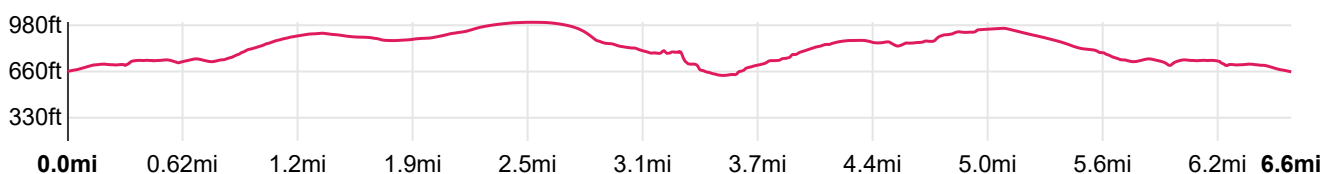
Route Name Grassington and Conistone Dib circular

Starting at the square in Grassington follow Main Street up hill to the junction in front of the town hall, here we turn left onto Chapel Street and follow for approximately 400 metres looking for a turning on the right named Bank Laith. Follow Bank Laith eventually with views down onto the dairy farm until we reach a crossroad of paths. We are following the 'Dales Way' and so turn left through the stile into the field immediately crossing a small bridge over a beck. Look ahead and you will see our next stile in the wall opposite. Having crossed the stile the path swings left through a narrow field to our next stile which having crossed we follow a feint path heading right and uphill to a gate crossing a track and over a stile directly in front. Here the pathway is a little sketchy but we head in a direction which is roughly 11 o'clock. As you cross the small hillocks you should see in the wall ahead a couple of patches were the wall has collapsed inbetween which is another stile. Crossing this stile we head away from the farm and up on to open pasture, an area known as Lea Green and the site of an ancient settlement and medieval village pre dating Grassington. The path will have a number of paths heading off to the woods to our left but at each occasion choose the righthand path. As we climb, a lone tree on the skyline ahead will come into view and this will accompany us until our eventual decent into Conistone. After a mile or so we reach another stile which we cross, the path now is obvious for the rest of the route up top passing through gates and a couple more stiles. On route we pass an old lime kiln on our left, if you look to the right you should be able make out another one on the hillside, these are two of many in the area used to burn limestone to create lime used by farmers to reduce the acidity in the soil for better grazing. As we climb gently the path levels out and our tree is almost alongside us, whist atop the next stile if you look back along the hillside from the tree you can just make out the top of a farmhouse. This is 'Bare House' an old dales hilltop farmstead the building having been partially preserved. Continuing on to the next stile we depart the Dales Way taking a half left path to Conistone and in a couple of hundred metres pass a wallowing hole, which if it has been wet may have formed a shallow pond. Cattle can occasionally be seen here drinking and wallowing. The path descends steeply for a short while and arriving at a gat

## Route Summary

Total Distance	6.6mi (10.6km)	Walk	0min
Elevation	628ft at lowest point	Run	0min
	1007ft at highest point	Cycle	0min
Total Ascent	1085ft		

## Elevation Profile



## Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SE 002 640	0.00mi	54° 4' 19" N	1° 59' 52" W	656ft
Dist to next: 0.14mi, Bearing to next: 26°, Ascent to next: 46ft					

↑ Continue onto Main Street  
(1° 59' 52" W 54° 4' 19" N | 0ft)

↙ Turn slight left onto Chapel Street  
(1° 59' 46" W 54° 4' 25" N | 702ft)

2 **SE 003 642** 0.14mi 54° 4' 25" N 1° 59' 46" W 703ft  
Dist to next: 0.17mi, Bearing to next: 326°, Ascent to next: 0ft

↑ Continue onto Chapel Street  
(1° 59' 46" W 54° 4' 25" N | 0ft)

↑ Continue onto Highcroft  
(1° 59' 54" W 54° 4' 32" N | 700ft)

3 **SE 001 644** 0.31mi 54° 4' 32" N 1° 59' 54" W 700ft  
Dist to next: 0.15mi, Bearing to next: 12°, Ascent to next: 32ft

↑ Continue onto Highcroft  
(1° 59' 54" W 54° 4' 32" N | 0ft)

↙ Turn left onto Bank Lane  
(1° 59' 54" W 54° 4' 32" N | 700ft)

↙ Turn sharp left onto Route  
(1° 59' 51" W 54° 4' 39" N | 735ft)

4 **SE 002 646** 0.46mi 54° 4' 39" N 1° 59' 52" W 732ft  
Dist to next: 0.13mi, Bearing to next: 291°, Ascent to next: 0ft

↑ Continue onto Route  
(1° 59' 52" W 54° 4' 39" N | 0ft)

5 **SE 000 646** 0.60mi 54° 4' 41" N 2° 0' 2" W 715ft  
Dist to next: 1.28mi, Bearing to next: 346°, Ascent to next: 173ft

↑ Continue onto Route  
(2° 0' 2" W 54° 4' 41" N | 0ft)

↑ Continue onto Path  
(2° 0' 8" W 54° 4' 51" N | 740ft)

↗ Turn slight right onto Route  
(2° 0' 12" W 54° 4' 56" N | 790ft)

↗ Turn slight right onto Track  
(2° 0' 13" W 54° 4' 58" N | 811ft)

6 **SD 995 666** 1.87mi 54° 5' 43" N 2° 0' 27" W 888ft  
Dist to next: 0.37mi, Bearing to next: 351°, Ascent to next: 89ft

↑ Continue onto Track  
(2° 0' 27" W 54° 5' 43" N | 0ft)

7 **SD 995 671** 2.24mi 54° 6' 2" N 2° 0' 32" W 977ft  
Dist to next: 1.25mi, Bearing to next: 282°, Ascent to next: 26ft

↑ Continue onto Path  
(2° 1' 0" W 54° 6' 25" N | 0ft)

↑ Continue onto Path  
(2° 1' 27" W 54° 6' 17" N | 792ft)

↖ Turn slight left onto Path  
(2° 1' 31" W 54° 6' 15" N | 796ft)

↑ Continue onto Path  
(2° 1' 31" W 54° 6' 13" N | 794ft)

↑ Continue onto Path  
(2° 1' 31" W 54° 6' 13" N | 794ft)

↖ Turn slight left onto Private Road  
(2° 1' 42" W 54° 6' 12" N | 654ft)

8 **SD 981 674** 3.50mi 54° 6' 11" N 2° 1' 48" W 632ft  
Dist to next: **0.09**mi, Bearing to next: **162°**, Ascent to next: **4**ft

↑ Continue onto Minor Road  
(2° 1' 48" W 54° 6' 11" N | 0ft)

9 **SD 981 673** 3.58mi 54° 6' 7" N 2° 1' 45" W 635ft  
Dist to next: **1.16**mi, Bearing to next: **139°**, Ascent to next: **286**ft

↑ Continue onto Minor Road  
(2° 1' 45" W 54° 6' 7" N | 0ft)

↖ Turn left onto Private Road  
(2° 1' 45" W 54° 6' 7" N | 633ft)

↑ Continue onto Track  
(2° 1' 43" W 54° 6' 6" N | 657ft)

↖ Turn slight left onto Path  
(2° 1' 8" W 54° 5' 38" N | 870ft)

10 **SD 992 660** 4.75mi 54° 5' 26" N 2° 0' 45" W 921ft  
Dist to next: **0.14**mi, Bearing to next: **229°**, Ascent to next: **31**ft

↑ Continue onto Path  
(2° 0' 45" W 54° 5' 26" N | 0ft)

11 **SD 991 659** 4.89mi 54° 5' 21" N 2° 0' 54" W 952ft  
Dist to next: **0.66**mi, Bearing to next: **136°**, Ascent to next: **12**ft

↑ Continue onto Path  
(2° 0' 24" W 54° 5' 1" N | 0ft)






12 **SD 998 651** 5.55mi 54° 4' 57" N 2° 0' 14" W 791ft  
Dist to next: **0.07**mi, Bearing to next: **156°**, Ascent to next: **0**ft

↑ Continue onto Path  
(2° 0' 14" W 54° 4' 57" N | 0ft)

13 **SD 998 650** 5.62mi 54° 4' 54" N 2° 0' 12" W 758ft  
Dist to next: **0.31**mi, Bearing to next: **157°**, Ascent to next: **0**ft

↑ Continue onto Path  
(2° 0' 12" W 54° 4' 54" N | 0ft)

↑ Continue onto Route  
(2° 0' 8" W 54° 4' 51" N | 740ft)

- |  |   |        |              |              |       |
|--|---|--------|--------------|--------------|-------|
| 14   | <b>SE 000 647</b>   | 5.92mi | 54° 4' 41" N | 2° 0' 3" W   | 701ft |
| Dist to next: <b>0.31</b> mi, Bearing to next: <b>151°</b> , Ascent to next: <b>0</b> ft |   |        |              |              |       |
|  |  Continue onto Route<br>( 2° 0' 3" W 54° 4' 41" N   0ft )                    |        |              |              |       |
|  |  Turn sharp right onto Bank Lane<br>( 1° 59' 51" W 54° 4' 39" N   735ft )    |        |              |              |       |
|  |  Turn right onto Highcroft<br>( 1° 59' 54" W 54° 4' 32" N   700ft )          |        |              |              |       |
| 15   | <b>SE 001 644</b>   | 6.23mi | 54° 4' 33" N | 1° 59' 55" W | 699ft |
| Dist to next: <b>0.19</b> mi, Bearing to next: <b>151°</b> , Ascent to next: <b>1</b> ft |   |        |              |              |       |
|  |  Continue onto Highcroft<br>( 1° 59' 55" W 54° 4' 33" N   0ft )              |        |              |              |       |
|  |  Continue onto Chapel Street<br>( 1° 59' 54" W 54° 4' 32" N   700ft )        |        |              |              |       |
|  |  Turn slight right onto Main Street<br>( 1° 59' 46" W 54° 4' 25" N   702ft ) |        |              |              |       |
|  |  Turn right onto Chamber End Fold<br>( 1° 59' 47" W 54° 4' 25" N   699ft )   |        |              |              |       |
| 16   | <b>SE 003 642</b>   | 6.42mi | 54° 4' 25" N | 1° 59' 47" W | 700ft |
| Dist to next: <b>0.15</b> mi, Bearing to next: <b>201°</b> , Ascent to next: <b>0</b> ft |   |        |              |              |       |
|  |  Continue onto Chamber End Fold<br>( 1° 59' 47" W 54° 4' 25" N   0ft )     |        |              |              |       |
|  |  Turn right onto Main Street<br>( 1° 59' 47" W 54° 4' 25" N   699ft )      |        |              |              |       |
| 17   | <b>SE 002 639</b>   | 6.58mi | 54° 4' 18" N | 1° 59' 52" W | 654ft |